

2022 Sr. GAMES

ALASKA AIRLINES CENTER, UAA CAMPUS | ANCHORAGE | APRIL 21-23




NYO is a year-round program that has a quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 43 NYO athletes in grades 7-12 who competed in the 2021 Sr. Games offered the following insight:

- **63%** credited NYO as an incentive to **stay in school**
- **79%** expressed **increased determination** by participating in NYO
- **58%** expressed a **greater sense of well-being**
- **85%** see themselves as a **role-model** for future NYO athletes
- **93%** learned about **Alaska Native culture** and values
- **91%** **developed new friendships** with other athletes, coaches, and teachers
- **65%** indicated they practice **4-6 hours** per week

 NYO Games Alaska & Cook Inlet Tribal Council, Inc.

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THURSDAY | APRIL 21

- 9 a.m. *Coaches' meeting*
- 10 a.m. *Registration*
- 12:30 p.m. *Cultural Performance: Kingikmiut Dancers*
- 1 p.m. **Opening Ceremonies**
- 2 p.m. **Wrist Carry & awards**
Kneel Jump & Scissor Broad Jump*
**in auxiliary gym*
- 3:30 p.m. **Alaskan High Kick & awards**
Kneel Jump & Scissor Broad Jump*
**in auxiliary gym*

FRIDAY | APRIL 22

- 9 a.m. *Coaches' meeting*
- 10 a.m. **Eskimo Stick Pull & awards**
Kneel Jump & Scissor Broad Jump*
**in auxiliary gym*
- 1 p.m. *Academic Excellence awards*
- 1:15 p.m. *Blanket toss; Celebration of Graduates*
- 2 p.m. **One-hand Reach & awards**
Kneel Jump & Scissor Broad Jump*
**in auxiliary gym*
- 3:30 p.m. **Two-foot High Kick & awards**
Kneel Jump & Scissor Broad Jump*
**in auxiliary gym*

SATURDAY | APRIL 23

- 9 a.m. *Coaches' meeting*
- 10 a.m. **Indian Stick Pull & awards**
Kneel Jump awards
- 12:30 p.m. **One-Foot High Kick & awards**
Scissor Broad Jump awards
- 3 p.m. **Seal Hop & awards**
- 5 p.m. *Pilot Bread Recipe Contest winners announced*
- 5:30 p.m. **Closing ceremonies & awards**

FREE PARKING IN DESIGNATED LOTS

Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests

For more information, visit citci.org/nyo-games

